



## Lonely Hearts Quilt Pattern

All great books have a desperate romance don't they? Curl up on the couch with your favourite heroine and this beauty to keep you warm.

**\*\* Note:** I chose to make my diamond quilt with a 45 degree diamond cutting ruler. Templates are included here so that you don't need to buy one if you don't have one. You could also use the 45 degree angle line on your everyday patchwork ruler to cut your diamonds from strips. There are many ways to quick piece diamonds, but they are not included here as I don't find them to be accurate.

**Quilt size: 64" square (throw or wall hanging)**

# Lonely Hearts

Pattern by Sarah Fielke

## Material Requirements:

- 30" 43138-X Alphabet in Multi for Fabric 1 and 9
- 1/4 yd 43139-8 Crossword in Navy for Fabric 2
- 12" 43137-3 Vocabulary in Pink for Fabric 3 and hearts
- 12" 43139-7 Crossword in Green for Fabric 4
- 12" 43140-4 Numerals in White for Fabric 5
- 1 yard 43141-10 Word Play in Yellow for Fabric 6 and binding
- 1/2 yd 43139-6 Crossword in Red for Fabric 7
- 40" 43137-2 Vocabulary in Teal for Fabric 8 and border
- 1 1/4 yd 43139-4 Crossword in White for Fabric 10, 12 and 14 and border corners
- 1/2 yd 43141-8 Word Play in Navy for Fabric 11 and 13
- 2 yds 43136-8 Readers Corner Wide Back in Navy for backing
- Batting
- Thread to match hearts
- Silver gel pen (optional)
- Liquid applique glue (optional)
- Milliners needles for hand applique (optional)
- Cotton thread for piecing
- Rotary cutter, mat and ruler
- Sewing machine
- General sewing supplies
- One sheet of template plastic (optional)
- Scissors for template plastic (optional)

## Cutting:

From each of the fabrics for the star, you will cut 2 5/8" strips and then cross cut them into 45 degree diamonds. You can use either Template A provided, or the 45 degree line on your everyday patchwork ruler, or a 45 degree diamond ruler. I use an Easy 8 diamond ruler.

Tip: If you are cutting a directional print such as a stripe, remember that you will need reverse pairs of the diamonds if you want the prints to meet at the edge of each panel. To achieve this, simply make sure that you cut the diamonds from a doubled strip (as the fabric came off the bolt) - don't open the strip to a single fabric layer.

Note: I fussy cut many of these fabrics when I pieced the quilt. If you want to fussy cut particular words or directions from your diamonds you will need more fabric than specified here depending on your planned fussy cutting.

From the template plastic, cut:

- one Template A
- one Heart B

From Fabric 1 and 9, cut:

- 9 strips, 2 5/8". Cross cut these strips into 80 diamonds.

From Fabric 2, cut:

- 2 strips, 2 5/8". Cross cut these strips into 16 diamonds

From Fabric 3, cut:

- 3 strips, 2 5/8". Cross cut these strips into 24 diamonds

From Fabric 4, cut:

- 4 strips, 2 5/8". Cross cut these strips into 32 diamonds

From Fabric 5, cut:

- 4 strips, 2 5/8". Cross cut these strips into 40 diamonds

From Fabric 6, cut:

- 5 strips, 2 5/8". Cross cut these strips into 48 diamonds
- 6 strips, 3" for binding and set aside

From Fabric 7, cut:

- 6 strips, 2 5/8". Cross cut these strips into 56 diamonds

From Fabric 8, cut:

- 7 strips, 2 5/8". Cross cut these strips into 64 diamonds
- 6 strips, 4 1/2" for borders

From Fabric 10, 12, 14, cut:

- 7 strips, 2 5/8". Cross cut these strips into 112 diamonds
- 4 squares 4 1/2" for border corners

From Fabric 11, 13, cut:

- 6 strips, 2 5/8". Cross cut these strips into 56 diamonds

From Border fabric, cut:

- 4 strips, 4 1/2"

From Backing fabric, cut:

- 4 yards, or 72" of Word Play wide back in Navy 43136-8

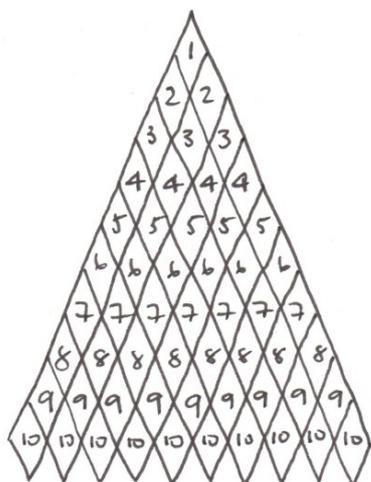
## **Making the Quilt:**

## **Sewing and Assembly:**

NOTE: Lay each panel out on a design wall or the floor before you begin sewing. Work on one panel at a time, so that you can pick the pieces up, sew the row and then replace the row and keep track of the pattern. Drawing the 1/4" seam allowance on the back of the

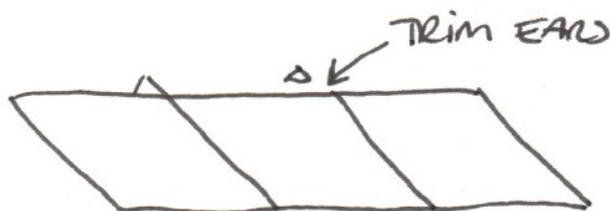
diamonds with a pencil is advised to keep your seams accurate if you do not have experience sewing diamonds together.

There are two different types of panels in this quilt - centre panels and corner panels. The four centre panels are made first, and then the four corner panels. Referring to the quilt photograph and Diagram 1, lay out a centre panel from the centre outward, beginning with one multi check diamond for Row 1.



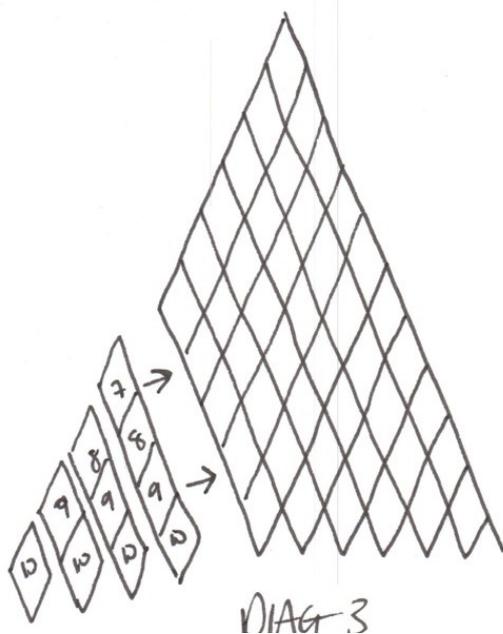
**Diagram 1**

Sew the diamonds together into diagonal rows. Be sure to line up the 1/4" points on the diamonds and cut off the "ears" after you sew each row, to ensure a smooth finish (see Diagram 2). Press the seams in each row to one side. Be careful not to stretch the bias edges.



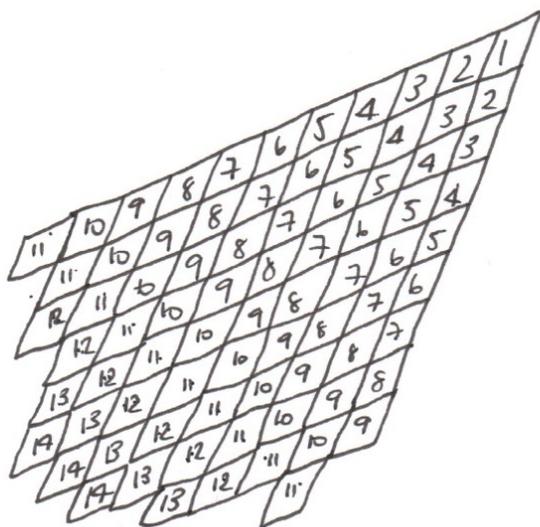
**Diagram 2**

Sew the rows together into a panel (see Diagram 3). The diamonds for row 10 will hang out longer than the quilt when finished; they will be trimmed later. Press the seams to one side. Take care again not to stretch the bias edges - placing the panel somewhere flat after piecing will help prevent stretching. Make four panels in this way.



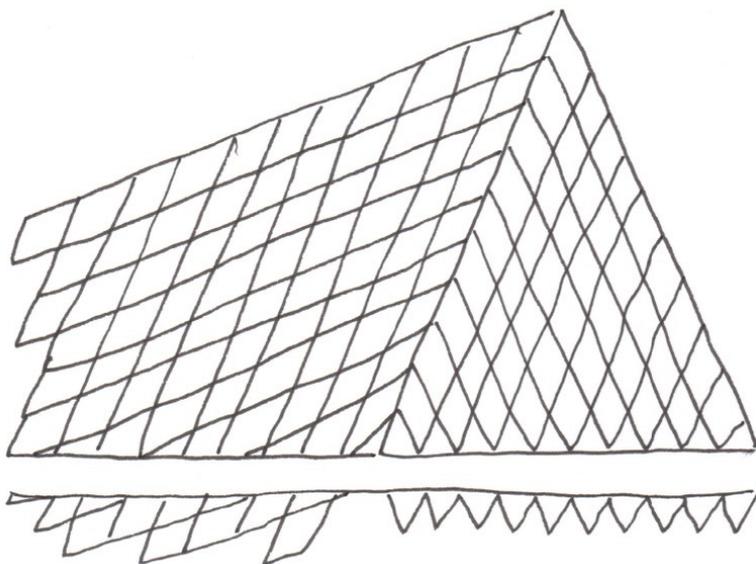
**Diagram 3**

In the same way as for the centre panels, make four corner panels (see Diagram 4 for orientation and colour order).



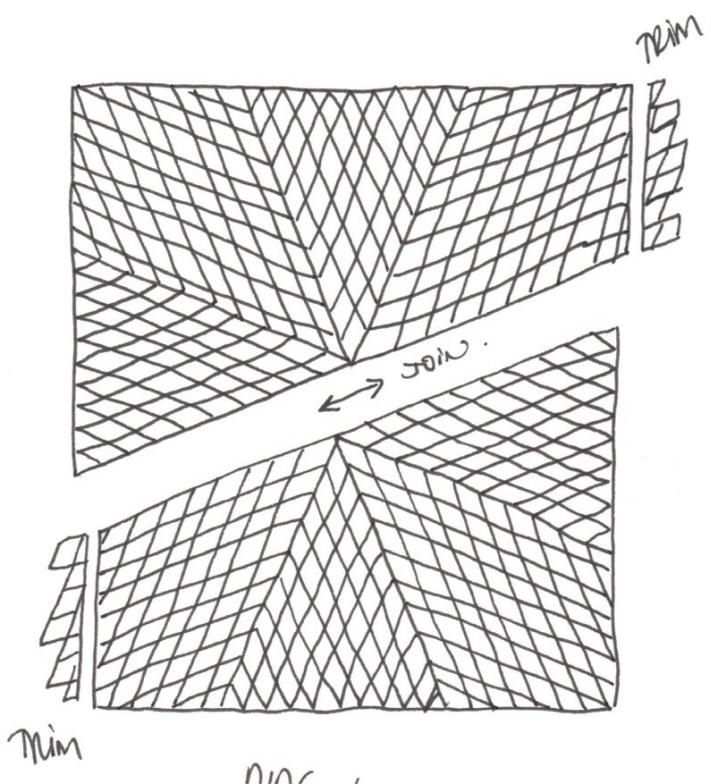
**Diagram 4**

Sew a corner panel and a centre panel together. Trim the ragged ends of the centre panel off straight (see Diagram 5), using the straight line formed by the diamond points in the centre panel as a guide. Be sure to trim 1/4" outside the points to allow for your seam allowance!



**Diagram 5**

In the same way, sew together the next pair of panels. Now sew the two joined pairs together along the centre seam and trim again. Press the seam to one side. Repeat with the other half of the quilt, and then sew the two halves together along the centre seam. Trim any edges so the quilt is square.



**Diagram 6**

**Applique:**

Trace the Heart B template into the front of the fabric using a silver gel pen. Cut the heart out using a scant 1/4" seam allowance.

Fold a corner square in half along one diagonal and centre the heart on the square with the line running through the points of the heart. Take care to leave 1/4" from the gel pen line at both ends of the heart. Glue the heart to the background using a few small dots of glue.

Finger press around the outside of the heart, and needle turn applique the heart to the background. For more information on needle turn applique, see any of Sarah's books, her Craftsy classes or her Block of the Month programs.

If you do not want to hand stitch the hearts, the templates are also suitable for machine applique.

**Border:**

Measure your quilt top through the centre in both directions. It should measure 56 1/2". If it does not, base your border measurements off the measurement of your own quilt.

Remove the selvages and sew the border strips you cut into one long strip along the short edges. Cut four strips from this long strip to the measurement of your quilt top, or 56 1/2". Sew a 4 1/2" corner square to each end of two of the strips and press towards the teal fabric.

Find the middle of one of the strips without the square and the middle of the quilt. Pin the middles together, then pin the ends, then pin in between, easing as you go if needed. Sew, and then repeat with the opposite side of the quilt. Press towards the border.

Repeat this step with the two strips with the squares sewn at the ends. Press, and your quilt top is complete.

**Quilting:**

Sarah had her Lonely Hearts quilt machine quilted with an edge to edge loopy hearts design. Quilt as desired.

From the binding fabric, cut 6 strips 3" wide. Sew all the strips together into one long strip, using diagonal joins if you prefer. Iron the strip in half with right sides out. Machine stitch the binding to the quilt top, turn the folded edge to the back and hand stitch for a smooth finish. Enjoy!



